

Contemplative Series

Fall 2016



A short presentation will be followed by a meditation practice (participation is optional).

Mindfulness Meditation

September 21 & October 12, 4 PM
Smith Hall (Old Main)

Christian Labyrinth Meditation

October 26, 4:15 PM, Heiningen (LAC)

Jewish Contemplation

November 2, 4 PM, Smith Hall (Old Main)