

# Contemplative Series

Spring 2016



A short presentation will be followed by a meditation practice (participation is optional).

## Hindu Meditation

April 7, 12:15 PM Community  
Gathering Room (Kiekhofer)

## Mindfulness Meditation

April 20, 4 PM Dining Room (WAC)  
May 11, 4 PM Smith Hall (Old Main)

## Christian Labyrinth Meditation

May 4, 4 PM Fireside Lounge (WAC)